

Lisa M. McAndrew, Ph.D.

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Website: www.mcandrewhealthlab.com

EDUCATION

2008-2010

Postdoctoral Fellow

Department of Veterans Affairs New Jersey Healthcare System, War Related Illness and Injury Study Center

2008

Doctor of Philosophy, Clinical Psychology

Rutgers, The State University of New Jersey

Thesis: Life Events and Illness Labels Moderate the Effects of Trait Negative Affect on Symptom Perception

2007 – 2008

Predoctoral Psychology Intern

Temple College of Health Professions (APA accredited)

2006

Master of Science, Clinical Psychology

Rutgers, The State University of New Jersey

Thesis: Self-Assessed Health as a Platform for Initiating Health Behaviors

2001

Bachelor of Science, Psychology

The State University of New York, Plattsburgh

LICENSE

New York State Psychology License (018374)

ACADEMIC APPOINTMENTS

2013 - Present

Assistant Professor

University at Albany, Department of Educational and Counseling Psychology, Albany, NY

2010 – Present

Research Scientist

Department of Veterans Affairs New Jersey Healthcare System, War Related Illness and Injury Study Center, East Orange, NJ

OTHER PROFESSIONAL APPOINTMENTS

2011 – Present

Site Lead

Veterans Affairs Women's Health Practice-Based Research, East Orange, NJ

2013 – Present

Affiliated Assistant Professor

2008 – 2013

Affiliated Instructor

Rutgers Biomedical and Health Science, New Jersey Medical School, East Orange, NJ

2008 – Present

Research Affiliate

Rutgers, The State University of New Jersey, Institution of Health, Health Care Policy and Aging Research, New Brunswick, NJ

PUBLICATIONS**underlined authors are students/mentees*

McAndrew, L.M., Greenberg, L., Chandler, H.S., & Ciccione, D. (In Press). Cognitive Behavioral Therapy for Veterans with Chronic Multisymptom Illness. *Military Behavioral Health*.

McAndrew, L.M., Martin, J.L., Friedlander, M., Shaffer, K., Breland, J., Slotkin, S., & Leventhal, H. (In Press). The Common-Sense of Counseling Psychology: The Relevance of the Common-Sense Model of Self-Regulation for Integrated Medical Settings and Beyond. *Counselling Psychology Quarterly*.

McAndrew, L.M., Phillips, L.A., Helmer, D.A., Maestro, K., Engel, C.C., Greenberg, L., Anastasides, N., & Quigley, K.S. (In Press). High healthcare utilization at the onset of medically unexplained symptoms. doi.org/10.1016/j.jpsychores.2017.05.001.

Phillips, L.A., **McAndrew, L.M.**, Laman-Maharg, B., & Bloeser, K. (2017). Evaluating Challenges for Improving Medically Unexplained Symptoms in US Military Veterans via Provider Communication. *Patient Education and Counseling*. DOI: 10.1016/j.pec.2017.03.011

Greenberg, L. M., Litke, D. R., Ray, K., Rath, J. F., Pigeon, W. R., Helmer, D. A., Anastasides, N. & **McAndrew, L. M.** (2017). Developing a Problem-Solving Treatment for Gulf War Illness: Cognitive Rehabilitation of Veterans with Complex Post-Deployment Health Concerns. *Clinical Social Work Journal*. doi:10.1007/s10615-017-0616-7.

McAndrew, L.M., Held, R.F., Abbi, B., Quigley, K.S., Helmer, D.A., Pasupuleti, R. & Chandler, H.K. (2017). Less engagement in pleasurable activities is associated with poorer quality of life for Veterans with comorbid post-deployment conditions. *Military Psychology*, 29 (1), 74-81. dx.doi.org/10.1037/mil0000139.

McAndrew, L.M., Markowitz, S., Lu, S., Borders, A., Rothman, D., & Quigley, K.S. (2017). Unit Cohesion is prospectively related to improved coping and mental health function after deployment. *Psychological Trauma: Theory, Research, Practice, and Policy*, Vol 9(1), 52-61. dx.doi.org/10.1037/tra0000152.

McAndrew, L.M., Chandler, H.C., Serrador, J., Quigley, K.S., Natelson, B., & Lange, G. (2016). Comparison of the functional health limitations of Veterans deployed to Iraq or Afghanistan to Veterans deployed to Desert Shield/Storm with chronic fatigue syndrome. *Military Behavioral Health*, Vol 4(3), 299-306. dx.doi.org/10.1080/21635781.2016.1175980.

McAndrew, L.M., Helmer, D.A., Phillips, L.A., Chandler, H., Ray, K., & Quigley, K.S. (2016). Iraq and Afghanistan Veterans report symptoms consistent with chronic multisymptom illness one year after deployment. *Journal of Rehabilitation Research and Development*, 53(1), 59-70. dx.doi.org/10.1682/JRRD.2014.10.0255.

Mohanty, A.F., Helmer, D.A., Muthukutty, A., **McAndrew, L.M.**, Marjorie, E.C., Judd, J., Garvin, J.H.,

Samore, M.H., & Gundlapalli, A.V. (2016). Fibromyalgia syndrome care of Iraq- and Afghanistan-deployed Veterans in Veterans Health Administration. *Journal of Rehabilitation Research & Development*, 53(1). dx.doi.org/10.1682/JRRD.2014.10.0265.

Carlson K.F., O'Neil M.E., Forsberg C.W., **McAndrew L.M.**, Storzbach D., Cifu D.X., & Sayer, N.A. (2016). Risk of Hospitalization due to Motor Vehicle Crashes among Iraq and Afghanistan War Veterans Diagnosed with Traumatic Brain Injury. *NeuroRehabilitation*, 39(3), 351-361. dx.doi.org/10.3233/NRE-161367.

Mohanty, A.F., Muthukutty, A., Carter, M.E., Palmer, M.N., Judd, J., Helmer, D., **McAndrew, L.M.**, Garvin, J.H., Samore, M.H., & Gundlapalli, A.V. (2015). Chronic multisymptom illness among female veterans deployed to Iraq and Afghanistan. *Medical Care*, 53(4), S143-S148. dx.doi.org/10.1097/MLR.0000000000000314.

Borders, A., Rothman, D.J., & **McAndrew, L.M.** (2015). Sleep problems may mediate associations between rumination and PTSD and depressive symptoms among OIF/OEF veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*. 7(1), 76-84. http://dx.doi.org/10.1037/a0036937.

McAndrew, L. M., Mora, P.A., Quigley, K.S., Leventhal, E.A., & Leventhal, H., (2014). Using the common sense model of self-regulation to understand the relationship between symptom reporting and trait negative affect. *Int J. Behav Med.*, 21(6), 989-994. dx.doi.org/10.1007/s12529-013-9372-4.

Breland, J.Y., **McAndrew, L.M.**, Burns, E., Leventhal, E.A., & Leventhal., H. (2013). Using the common sense model of self-regulation to review the effects of self-monitoring of blood glucose on glycemic control for non-insulin treated adults with type 2 diabetes. *Diabetes Educator*, 39(4), 541-59. dx.doi.org/10.1177/0145721713490079.

McAndrew, L.M., D'Andrea, E., Lu, S-E., Abbi, B., Yan, G.W., Engel, C., & Quigley, K.S. (2013). What pre-deployment and early post-deployment factors predict health function after combat deployment?: a prospective longitudinal study of Operation Enduring Freedom (OEF)/Operation Iraqi Freedom (OIF) soldiers. *Health and Quality of Life Outcomes*, 11(73). dx.doi.org/10.1186/1477-7525-11-73.

Lange, G., **McAndrew, L.**, Ashford, J.W., Reinhard, M., Peterson, M., & Helmer, D. (2013). War Related Illness and Injury Study Center (WRIISC): A multidisciplinary translational approach to the care of Veterans with Chronic Multi Symptom Illness. *Military Medicine*. 178(7). 705-707. dx.doi.org/10.7205/MILMED-D-13-00053.

Breland, J.Y., **McAndrew, L.M.**, Gross, R.L., Leventhal, H., & Horowitz, C.R. (2013). Challenges to healthy eating for people with diabetes in a low income, minority neighborhood. *Diabetes Care*. 36(10), 2895-2901. dx.doi:10.2337/dc12-1632.

Falvo, M.J., Serrador, J.M., **McAndrew, L.M.**, Chandler, H.K., Lu, S-E., & Quigley, K.S. (2013). A retrospective cohort study of U.S. service members returning from Afghanistan and Iraq: is physical health worsening over time? *BMC Public Health*. 12 (1124), 1-7. dx.doi.org/10.1186/1471-2458-12-1124.

Yan, G.W., **McAndrew, L.M.**, D'Andrea, E.A., Lange, G., Santos, S.L., Engel, C.C., & Quigley, K.S. (2013).

Self-reported stressors of National Guard women Veterans before and after deployment: the relevance of interpersonal relationships. *Journal of General Internal Medicine*. 28(Supp 2), S549-55.
dx.doi.org/10.1007/S11606-012-2247-6.

Borders, A., **McAndrew, L.M.**, Quigley, K.S. & Chandler, H.K. (2012). Rumination moderates the association between psychiatric symptoms and risky behaviors. *Journal of Traumatic Stress*. 25, 583-586.
dx.doi.org/10.1002/jts.21733.

McAndrew, L.M., Napolitano, M.A., Pogach, L.M., Quigley, K.S., Shantz, K.L., Vander Veur, S.S., & Foster, G. (2012). The impact of self-monitoring of blood glucose on a behavioral weight loss intervention for individuals with type 2 diabetes. *Diabetes Educator*. 39(3), 397-405.
dx.doi.org/10.1177/0145721712449434.

Quigley, K.S., **McAndrew, L.M.**, Almeida, L., D'Andrea, E.A., Engel, C.C., Hamtil, H., & Ackerman, A.J., (2012). Prevalence of environmental and other military exposure concerns in Operation Enduring Freedom and Operation Iraqi Freedom Veterans. *Journal of Occupational and Environmental Medicine*, 54(6), 659-664. dx.doi.org/10.1097/JOM.0b013e3182570506.

Osinubi, O.Y., **McAndrew, L.M.**, De Candia, V., Chandler, HK., Santos, SL., Falca-Dodson, M., & Teichman, R. (2012). Organizational Psychosocial Factors and Deployment-Related Exposure Concerns in Afghanistan/Iraq War Veterans. *Journal of Occupational and Environmental Medicine*, 54(6),670-676.
dx.doi.org/10.1097/JOM.0b013e318255ba57.

McAndrew, L.M., Teichman, R.F., Osinubi, O.Y., Jasien, J.V., & Quigley, K.S. (2012). Environmental exposure and health of Operation Enduring Freedom/Operation Iraqi Freedom Veterans. *Journal of Occupational and Environmental Medicine*, 54 (6), 665-669. dx.doi.org/10.1097/JOM.0b013e318255ba1b.

Meshulam-Gately, R.I., Giuliano, A.J., Zillmer, E.A., Barakat, L.P., Kumar, A., Gur, R.C., **McAndrew, L.M.**, Bilker, W.B., Elderkin-Thompson, V., & Moberg, P.J. (2012). Verbal learning and memory in older adults with minor depression. *Archives of Clinical Neuropsychology*, 27 (2), 196-207.
dx.doi.org/10.1093/arclin/arc106.

McAndrew, L.M., Horowitz, C., Lancaster, K.J., Quigley, K.S., Pogach, L.M., Mora, P.A., & Leventhal, H. (2012). Association of self-monitoring of blood glucose and diet among minority patients with diabetes. *Journal of Diabetes*, 3, 147-152. dx.doi.org/10.1111/j.1753-0407.2011.00114.x.

McAndrew, L. M., Horowitz, C.R., Lancaster, K.J., & Leventhal, H. (2010). Factors related to perceived diabetes control are not related to actual glucose control for minority patients with diabetes. *Diabetes Care*, 33(4), 736-738. dx.doi.org/10:2337/dc09-1229.

McAndrew, L. M., Napolitano, M.A., Albrecht, A., Farrell, N.C., Marcus, B.H., & Whiteley, J.A. (2009). When, why and for whom there is a relationship between physical activity and menopause symptoms. *Maturitas*, 64(2), 119-125. dx.doi.org/10.1016/j.maturitas.2009.08.009.

McAndrew, L. M., Musumeci-Sbazo, T.J., Mora, P.A., Vileikyte, L., Burns, E., Halm, E.A., Leventhal, E.A.,

& Leventhal, H. (2008). Using the common sense model to design interventions for the prevention and management of chronic illness threats: From description to process. *British Journal of Health Psychology*, 13(2), 195-204. dx.doi.org/10.1348/135910708x295604.

McAndrew, L., Schneider, S.H., Burns, E., & Leventhal, H. (2007). Does patient blood glucose monitoring improve diabetes control: A systematic review of the literature. *Diabetes Educator*, 33(6), 991-1010. dx.doi.org/10.1177/0145721707309807.

In Preparation

McAndrew, L.M., Greenberg, L., Lu, S., & Maestro, K. (In Preparation). Physical symptoms precede PTSD after combat: A cross-lagged analysis. *Health Psychology*.

McAndrew, L.M., Slotkin, S., Maestro, K., Phillips, L.A., & Crede, M. (In Preparation). Meta-analysis of the relationship between illness beliefs and health outcomes. *Journal of Behavioral Medicine*.

McAndrew, L.M., Friedlander, M., Litke, D.A., Kiber, J. & Helmer, D.A. (In Preparation). Major Contribution: The Relevance of Medically Unexplained Symptoms for Counseling Psychology.

McAndrew, L.M., Friedlander, M., Phillips, L.A., Santos, S., & Helmer, D.A., (In Preparation). Major Contribution: Improving Patient Provider Relationship for Patients with Medically Unexplained Symptoms.

Phillips, L.A. & **McAndrew, L.M.** (2017). Concordance of Illness Perceptions for Medically Unexplained Symptoms.

BOOK CHAPTERS

Desouky, T. **McAndrew, L.** & Mora, P.A. (2013). Health anxiety. In Gellman, M. & Turner, J. R. (Eds), *Encyclopedia of Behavioral Medicine*. Springer.

Mora, P.A. & **McAndrew, L.** (2013). Commonsense model of self-regulation Model. In Gellman, M. & Turner, J. R. (Eds), *Encyclopedia of Behavioral Medicine*. Springer.

Dunbar, L. M., Leventhal, E. & Leventhal, H. (2006). Self-regulation, health and behavior. In J. Birren (Ed.), *The Encyclopedia of Gerontology, 2nd Edition*. New York: Academic Press.

TREATMENT MANUALS

Ray, K., Pasupuleti, R., Litke, D., Anastasides, N., Chiusano, C., **McAndrew, L.M.** (2015). Problem-Solving Therapy Manual for Gulf War Illness.

GRANTS

Funded

Role: Principal Investigator (co-Principal Investigator: Dr. Drew Helmer)

Project: WRIISC as a Model of Care for Chronic Multisymptom Illness (SDR 14-440)

Source: Veterans Affairs Health Services Research & Development (Merit Award)

Time Period: 2016-2020

Total Funding: \$1,100,000 (direct costs)

Role: Principal Investigator
Project: Predicting Success of Student Veterans
Source: University at Albany; FRAP-A
Time Period: 2014-2016
Total Funding: \$10,000

Role: Principal Investigator
Project: Problem-Solving Therapy for Gulf War Illness
Source: Veterans Affairs Clinical Science Research & Development (Merit)
Time Period: 2014-2018
Total Funding: \$1,500,000 (direct costs)

Role: Principal Investigator
Project: Cognitive Rehabilitation for Gulf War Illness
Source: Veterans Affairs Health Services Research & Development (Career Development Award)
Time Period: 2014-2019
Total Funding: \$900,000 (direct costs)

Role: Co-Investigator
Project: Integrative Physiology of Gulf War Illness: Role of Autonomic Function, Central Neural Processing and Sleep
Source: Congressionally Directed Medical Research Program/Department of Defense (GW100095 Consortium)
Time Period: 2011-2012
Total Funding: \$200,000 (direct costs)

Role: Principal Investigator
Project: Predictors of Mediators of a Self-Monitoring Intervention for Patients with Type 2 Diabetes
Source: Center for the Study of Health Beliefs and Behaviors NIH funded Center (Pilot)
Time Period: 2006-2008
Total Funding: \$16,500 (direct costs)

Other Funding

Role: Principal Investigator
Project: From Deployment to Diabetes
Source: Veterans Affairs Diabetes QUERI
Time Period: 2013
Total Funding: \$25,000 (direct costs)

CONFERENCE PRESENTATIONS

**underlined authors are students/mentees*

Greenberg, L. M., Pigeon, W. R., Gonzalez, C. G., Anastasides, N., Presnall-Shvorin, J., Litke, D. R., & **McAndrew, L.M.** (2017, March). Suicidality among Veterans with Gulf War Illness. Poster presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), San Diego, CA.

McAndrew, L.M., Anastasides, N., Chelenza, M., Chiusano, C., Gonzalez, C., Graff, F., Greenberg, L.,

- Helmer, D.A., Litke, D., Lu, S-E., McDonald, E., Petrakis, B.A., Pigeon, W., Presnall-Shvorin, J., Quigley, K.S., & Rath, J. (2017). Life and Treatment Goals of Veterans with Gulf War Illness. Poster presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), San Diego, CA.
- Kimber, J.M., Slotkin, S.D., Maestro, K.J., **McAndrew, L.M.** (2017, August). *Back to School: A Comparison of Combat Student Veterans and Adjustment to College*. Poster presentation at the American Psychological Association Annual Conference, Washington, D.C.
- Kimber, J.M., Slotkin, S.D., Maestro, K.J., & **McAndrew, L.M.** (2017, August). *Student veterans perceived life barriers to academic outcomes: the role of problem solving skills*. Poster presentation at American Psychological Association Annual Conference, Washington, D.C.
- Maestro, K.J., Slotkin, S., Kimber, J., & **McAndrew, L.M.** (2017, August). *The Role of Perceived Cultural Congruity on Academic Help-seeking in Veterans*. Poster presentation at American Psychological Association Annual Conference, Washington, D.C.
- Slotkin, S.D., Kimber, J.M., Maestro, K.J., & **McAndrew, L.M.** (2017, August). *Examination of the Relationship between Cultural Congruity and Adjustment to College in Student Veterans*. Poster presentation at American Psychological Association Annual Conference, Washington, D.C.
- Greenberg, L., **McAndrew, L.M.**, Chandler, H.K., & Quigley, K.S. (2016, March). *The mediating role of somatic symptoms in the relationship between PTSD one year and five years post-deployment*. Poster session presented at the annual conference of the Society of Behavioral Medicine, Washington, DC.
- Anastasides, N., **McAndrew, L.M.**, Litke, D.R., Helmer, D.A., & Quigley, K.S. (2016, March). *Delays in seeking healthcare by veterans with and without chronic multisymptom illness (CMI)*. Poster session presented at the annual conference of the Society of Behavioral Medicine, Washington, DC.
- McAndrew, L.M.**, Chandler, H.K., Greenberg, L., & Helmer, D.A. (2016, March). *Cognitive Behavioral Therapy delivered in person to telephone to usual care for Veterans with chronic multisymptom illness*. Poster session presented at the annual conference of the Society of Behavioral Medicine, Washington, DC.
- Slotkin, S.D., Maestro, K.J., Galipeau, B., & **McAndrew, L.M.** (2016, April). *Academic Outcomes of Student Veterans with Muscle/Joint Pain*. Poster session presented at the annual conference of the Society of Behavioral Medicine, Washington, D.C.
- Chiusano, C., Anastasides, A., Chelenza, M., Friedlander, M., Greenberg, L., Helmer, D., Lu., S-E, Petraski, B.A., Pigeon, W., Quigley, K.S., Rath, J. & **McAndrew, L.M.** (2016, April). *Protocol for randomized controlled trail of Problem-Solving Therapy for Gulf War Illness*. Poster session presented at the annual conference of the Society of Behavioral Medicine, Washington, D.C.
- Litke, D., **McAndrew L.M.**, & Rath, J.F. (2016, February). *Adapting problem-solving therapy for veterans with gulf war illness*. In J.F. Rath (Chair) Problem Solving. Symposium conducted at the meeting of Rehabilitation Psychology, Division 22 of the American Psychological Association, Atlanta, GA.
- McAndrew, L.**, Pasupuleti, R., Chandler, H., Serrador, J., Natelson, B., Quigley, K., & Lange, G. (2015). Is

history repeating?: Comparison of the functional limitations of OEF/OIF Veterans to Gulf War Veterans with chronic fatigue. *Proceedings of the Society of Behavioral Medicine* (pp. S111). San Antonio, TX: Society of Behavioral Medicine. <http://dx.doi.org/10.1007/s12160-015-9688-1>.

Pasupuleti, R., McAndrew, L.M., Anastasides, N., & Quigley, K.S. (2015). Health beliefs of soldiers about seeking physical health services over time. *Proceedings of the Society of Behavioral Medicine* (pp. S209). San Antonio, TX: Society of Behavioral Medicine. <http://dx.doi.org/10.1007/s12160-015-9688-1>.

McAndrew, L.M., Pasupuleti, R., Fobler, M., Chiusano, C., Slotkin, S., & Phillips, A. (2015, August). *Veterans' beliefs about their physical symptoms*. Poster session presented at the annual meeting of the American Psychological Association, Toronto, ON.

McAndrew, L.M., Maestro, K.J., & Slotkin, S. (2015, April). *The role of mental health treatment beliefs in veterans' use of self-help sources*. Poster session presented at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.

Phillips, L.A., **McAndrew, L.M.**, (2015, April). *The challenge and potential for improving medically unexplained symptoms via provider communication*. Paper session presented at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.

McAndrew, L.M., Slotkin, S., & Maestro, K. (2015, April). *The relationship between familial support and mental health care seeking in veterans*. Poster session presented at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.

McAndrew, L.M., Chandler, H.K., Serrador, J.M., Quigley, K.S., Natelson, B., & Lange, G. (2015, April). *Is history repeating itself? A comparison of veterans with Chronic Fatigue Syndrome from the Gulf War to veterans with Chronic Fatigue Syndrome from the Iraq or Afghanistan conflicts*. Poster session presented at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.

Phillips, L.A., Laman-Maharg, B., & McAndrew, L. (2014, April). *Evaluating veterans' illness cognitions to improve care of medically unexplained symptoms*. Paper session presented at the annual meeting of the Society for Behavioral Medicine, Philadelphia, PA.

Phillips, L.A., Laman-Maharg, B., & McAndrew, L. (2014, April). *Military veterans' perceptions of disagreement with their provider regarding their medically unexplained symptoms are associated with lower satisfaction and intentions to adhere to treatment and poorer health-outcome expectations*. Paper presented at the meeting of the International Society for Pharmacoeconomics and Outcomes Research, Montreal, QC.

Gulin, S.L., Rothman, D.J., Vrana, S.R., McAndrew, L.M., & Quigley, K.S. (2014, August). *Unit Cohesion and PTSD Symptoms and Male and Female Reservist Service Members. Unit Cohesion and PTSD Symptoms among Male and Female Reservist Service Members*. Poster session presented at the annual meeting of the American Psychological Association, Washington, DC.

Rothman, D.J., Gulin, S.L., Vrana, S., & Quigley, K.S. (2014, August). *Pre-deployment systolic blood pressure reactivity predicts PTSD symptoms post-deployment*. Poster session presented at the annual meeting of the American Psychological Association, Washington, DC.

- Maestro, K., Bradshaw, M., Wade, N., Vogel, D., & **McAndrew, L.M.** (2014, August) *Where Do Veterans Seek Help for Health Concerns?* American Psychological Association, Washington, DC.
- Carlson, K., O'Neil, M., **McAndrew, L.**, Storzbach, D., Cifu, D., & Sayer, N. (2014, August). *Risk of hospitalization due to motor vehicle crashes among Iraq and Afghanistan war veterans diagnosed with traumatic brain injury.* *Brain Injury*, 28(5-6).
- Rath, J. F., Lange, G., Lu, S., Pigeon, W., Quigley, K., Santos, S., & **McAndrew, L.** (2014, March). *Problem-Solving Cognitive Rehabilitation for Veterans with Gulf War Illness.* Poster session presented at American Board of Rehabilitation Psychology and APA Division of Rehabilitation Psychology annual conference: Translating Research into Practice, San Antonio, TX.
- McAndrew, L.M.**, Friedlander, M., Adams, E., Alamonte, J., Cabrera, P., Chwalisz, K., Juntunen, C., Lewis, B., Martin, J.L., Pieterse, A., Raque-Bogdan, T., Sheu, H-B (2014, March). *Social Justice: At the Intersection of Counseling Psychology and Health Psychology.* Roundtable presented at the Counseling Psychology Conference, Atlanta, GA.
- McAndrew, L.M.**, Schmiede, S.J., & Quigley, K.S. (2014, April). *Physical symptoms can precede PTSD symptoms in a longitudinal prospective study of soldiers deployed to Iraq and Afghanistan.* Paper presented at the annual conference of the Society of Behavioral Medicine, Philadelphia, PA.
- Reyes, L., **McAndrew, L.**, Ray, K., Blatt, M., Ghobreal, B., Acosta, A., & Serrador, J. (2014, April). *Behavioral activation treatment increases parasympathetic activation in veterans.* Poster presented at the annual meeting of Experimental Biology.
- Chandler, H.K., Haber, Y.O., **McAndrew, L.M.**, & Serrador, J.M. (2013, November). *An Exploration of the Impact of Vestibular Problems on Functioning in Veterans with PTSD.* Poster presented at the annual meeting of the International Society for Traumatic Stress Studies, Philadelphia, PA.
- Chandler, H.K., **McAndrew, L.M.**, & Ciccone, D.S. (2013, March). *Telemedicine Treatment for Veterans with Gulf War Illness.* Poster presented at the annual meeting of the American Psychosomatic Society 71st Annual Scientific Meeting, Miami, FL.
- McAndrew, L.M.**, Phillips, L.A., Helmer, D., Kline, A., Interian, A. & Chandler, H. (2013, March). *Life goals of combat Veterans.* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Vrana, S.R., **McAndrew, L.M.**, Gulin, S.L, & Quigley, K.S. (2012, September). *A role for negative emotionality, but not repressive coping in PTSD symptoms in Veterans of Operation Enduring Freedom and Operation Iraqi Freedom.* Poster presented at the Society for Psychophysiological Research, New Orleans, LA.
- Capoccia, K.L., **McAndrew, L.M.**, Odegard, P., Letassy, N. (2012, August). *From Literature to Practice: Updates on Medication Taking and Monitoring.* Paper presented at the American Association of Diabetes Educators Conference, Indianapolis, IN.

- McAndrew, L.M.,** D'Andrea, E., Engel, C., Yen, C., Batorsky, B., Ackerman, A. & Quigley, K.S. (2012, July). *Prospective longitudinal study of health care utilization among OEF/OIF service members with PTSD and chronic multisymptom illness.* Poster presented at the Veterans Affairs HSR&D conference, Washington, DC.
- McAndrew, L.M.,** Chandler, H., Lange, G., & Quigley, K.S. (2012, July). *Chronic multisymptom illness: An unrecognized public health concern among OEF/OIF Veterans.* Poster presented at the Veterans Affairs HSR&D conference, Washington, DC.
- McAndrew, L.M.,** Abbi, B., Almeida, L., Chandler, H., Held, R.F., Yochum, C., & Quigley, K.S., (2012, April). *Lack of positively reinforcing behaviors underlies reintegration difficulties for OEF/OIF Veterans.* Poster presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
- Rothman, D., Borders, C.A., Almeida, L., Abbi, B., & **McAndrew, L.M.**, (2012, March). *Rumination is associated with increased risky behavior in Veterans.* Poster presented at the Eastern Psychological Association Conference, Pittsburgh, PA.
- McAndrew, L.M.,** Rusiewicz, A., Teichman, R., Osinubi, O., Jasien, J., Chandler, H., & Quigley, K. (2011, April). *Environmental exposure concerns among OEF/OIF Veterans.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- Chandler, H., Rusiewicz, A., **McAndrew, L.M.**, & Lange, G. (2011, April). *Fibromyalgia and Chronic Fatigue Syndrome in Veterans.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.
- McAndrew, L.M.,** D'Andrea, E.A., Engel, C.C., Batorsky, B., Yen, C. & Quigley, K.S. (2010, July). *Gender differences in psychological and deployment factors immediately after OEF/OIF deployment.* Poster presented at HSR&D National Meeting on Building the Evidence Base To Improve Healthcare Outcomes for Women Veterans, Washington, DC.
- McAndrew, L.M.,** D'Andrea, E.A., Ackerman, A., Chandler, H., Batorsky, B., Yen, C. Engel, C.C., & Quigley, K. S. (2010, April). *Impact of combat deployment on weight.* Poster presented at annual meeting of the Society of Behavioral Medicine, Seattle, WA.
- McAndrew, L. M.,** Napolitano, M., Albrecht, A., Farrell, N., Marcus, B., & Farrell, N. (2009, April). *Examining the relationship between physical activity and menopause symptom reporting.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Montreal, QC CA.
- Dunbar, L.,** Phillips, L. A., Mora, P., & Leventhal, H. (2007, May). *Moderators of symptoms in response to life stress.* Poster presented at the annual meeting of the American Psychological Society, Washington, D.C.
- Dunbar, L.,** Horowitz, C., Lancaster, K., Goldfinger, J. Z., & Leventhal, H. (2007, March). *Factors which predict perceived diabetes control do not predict actual HbA1c among minority patients with diabetes.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
- Goldfinger, J. Z., Arniella, G., **Dunbar, L.**, & Horowitz, C. R. (2006, May). *Vida SANA: salud, actividad, y*

nutrición para adultos project HEAL: Healthy eating, active lifestyles development of a peer nutrition and physical activity education course for adults in East Harlem. Poster presented at the annual meeting of the Mt. Sinai Research Day, New York, NY.

Dunbar, L., Mora, P., Shafer, C., & Leventhal, H. (2005, Nov). *Does health anxiety limit functioning in the elderly?* Poster presented at the annual meeting of The Gerontological Society of America, Orlando, FL.

Mesholam, R. I., Moberg, P. J., Barakat, L. P., Kumar, A., Gur, R. C., **Dunbar, L.**, Elderkin-Thompson, V., & Zillmer, E. A. (2002, April). *Elucidating elderly minor depression through verbal learning and memory profiles.* Poster presented at the annual meeting of the Harvard Psychiatry Research Day, Boston, MA.

Mesholam, R. I., Wojcik, J., Harrison, M., **Dunbar, L.**, Caplan, B., Zimmet, S. V., Patel, J., Canuso, C. M., Rodriguez, M., Macaulay, E., Richards, C., Dawson, R., Schildkraut, J. J., & Green, A. I. (2003, March). *Clinical response to treatment In first episode schizophrenia: Clozapine versus haloperidol.* Poster presented at the annual meeting of the Harvard Psychiatry Research Day, Boston, MA.

INVITED PRESENTATIONS

Helmer, D.A. & **McAndrew, L.M.** (2017, March). *Treating Chronic Multisymptom Illness in Primary Care.* Veterans Affairs New Jersey Healthcare System.

McAndrew, L.M. (2017, May). *Patient Centered Care for Chronic Multisymptom Illness.* Veterans Affairs New Jersey Healthcare System.

Litke, D. & **McAndrew, L.M.** (2016, August). *Problem-solving Therapy for Veterans with Cognitive Dysfunction.* National Webinar, Veterans Affairs.

McAndrew, L.M., (2016, May). *Patient Centered Care for Chronic Multisymptom Illness.* Veterans Affairs New Jersey Healthcare System.

Helmer, D.A., & **McAndrew, L.M.** (2014, December). *Evidence-based Management and Treatment for Veterans with Chronic Multi-Symptom Illness.* National Webinar. Veterans Affairs.

McAndrew, L.M., (2014, November). *Treating Patients with Medically Unexplained Symptoms.* University at Albany.

McAndrew, L.M., (2013, March). *Patient Centered Interventions for Veterans.* Veterans Affairs New Jersey Healthcare System.

McAndrew, L.M., (2013, February). *Developing Patient Centered Counseling Interventions for Veterans.* University at Albany.

McAndrew, L.M., & Barbee, N. (2013, February). *Chronic Multisymptom Illness and OEF/OIF/OND Veterans.* National webinar to VA clinicians (provided CEU credits).

McAndrew, L.M. (2012, August). *Chronic Multisymptom Illness in Returning Veteran: An Unrecognized Public Health Concern.* Grand Rounds at the MIRREC VA Philadelphia, PA

McAndrew, L.M. (2012, April). *What do we know about returning Veterans*. Presented to clinicians at the VA NJHCS, East Orange, NJ

McAndrew, L.M. (2011, March). *Is history repeating Itself: Examination of chronic multisymptom illness among OEF/OIF Veterans*. Grand Rounds at the WRIISC, VA NJHCS East Orange, NJ.

McAndrew, L.M. (2008, June). *Using the Common-Sense Model of Self-Regulation to understand patient's perceptions of self-management*. Presented at the WRIISC VANJHCS, East Orange, NJ.

Dunbar, L. (2007, September). *Patients' perceptions of type 2 diabetes: from description to intervention*. Presented to the Center of Obesity Research and Education at Temple University, Philadelphia, PA.

Dunbar, L., (2006, November) *Mediators and moderators of a self-monitoring intervention for patients with type 2 diabetes*. Presented at the Rutgers University, Psychology Department, Piscataway, NJ.

Dunbar, L., (2005, November). *Health anxiety in the elderly*. Presented at Rutgers University, Psychology Department, Piscataway, NJ.

HONORS

Academy of Behavioral Medicine Research, Research Camp, Keystone, CO, 2009
competitive mentorship opportunity bestowed on two junior faculty.

Pittsburgh Mind Body Center, Summer Institute, Interventions: Reducing Risk and Promoting Adjustment to Disease, Pittsburgh, PA, competitive mentorship opportunity. 2009

Presidential Scholar: Full Scholarship to SUNY Plattsburgh 2001

TEACHING

University at Albany

CPY 601 Introduction to Counseling Theory and Practice (F13)

CPY 724 Regression Analysis for Counseling Research (S14, S15, S16, S17)

Cpy 760 Seminar in Social Psychology: From Basic Theory to Health-Related Applications (F14, F16)

Rutgers, Biomedical and Health Sciences

Mind Brain Behavior (S10, S11, S12, S13, S15)

Sexuality, Self and Society - Course Facilitator (W05)

Rutgers, The State University of New Jersey

Introduction to Psychology – small teams Instructor (S04)

Cognition Lab (S03)

Health Psychology (Summer 05, Summer 06)

MENTOR

Graduate Student

Sarah Slotkin

2014-Present

Keiran Maestro

2013-Present

Justin Kimber

2016-Present

Dissertation Committee

Patricia Cabrera (Member)
Kristin McLaughlin (Member)
Tanya Khan (Member)

Post-Doctoral Fellow

Jennifer Presnall-Shvorin	2016-Present
Lauren Greenberg, Ph.D.	2015-Present
Rahdika Pasupuleti, Ph.D.	2014-2015
Camille Sinclair, Ph.D.	2013
Grace Yan, Ph.D.	2012

Undergraduate

David Rothman	2012
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SERVICE

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Reviewer for VA QUERI Rapid Response Proposals
Ad-hoc Review for Diabetes Care
Ad-hoc Review for Diabetic Medicine
Ad-hoc Reviewer Annals of Behavioral Medicine
Ad-hoc Reviewer Society for Behavioral Medicine
Ad-hoc Reviewer HSR&D Conference
Ad-hoc Reviewer Journal of Physical Activity and Health
Ad-hoc Reviewer Maturitas
Ad-hoc Reviewer International Journal of Women's Health
Ad-hoc Reviewer for Translational Behavioral Medicine
Ad-hoc Reviewer for Journal of Diabetes
Ad-hoc Reviewer for Journal of Sexual Health

National

Site lead for the Women's Practice Based Research Network	2012-Present
Communications Chair for Military Veterans Health Special Interest Group Society of Behavioral Medicine	2016-Present
National Gulf War Research Strategic Plan Development Committee	2016-Present

University at Albany, School of Education

Academic Standards Committee	2014 - Present
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University at Albany, Division of Counseling Psychology

Graduate Student Admissions Committee	2013-2016
Colloquium Series	2014-2016
Masters and Doctoral Qualifying Exam (Develop and Grade)	2013-2016
Program Development (Ad-hoc assistance to develop aims and curriculum)	2013-2016

Veterans Affairs, New Jersey Healthcare System

VA Research and Development Committee Alternate

2012-2014; 2016-2017

VA Research and Development Committee Member

2011-2012; 2017-Present

Veterans Affairs, War Related Illness and Injury Study Center (WRIISC)

Associate Fellowship Director

2012-Present

Organize Journal Club and Writing Club

2008-2013

Rutgers, State University of New Jersey, Psychology Department

Graduate Representative to Clinical Faculty, Rutgers University

2006-2007

New Student Committee, Rutgers University

2005-2006

Coordinated “Data Blitz” of student research, Rutgers University

2005-2006

Admission Committee, Rutgers University

2004-2005