**Lisa M. McAndrew, Ph.D.**



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Department of Educational and Counseling Psychology February 25, 2020

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### EDUCATION

2008  **Ph. D.** Clinical Psychology, Rutgers, The State University of New Jersey (APA Accredited)

Dissertation: Life events and illness labels moderate the effects of trait negative affect on symptom perception. Chair, Howard Leventhal, Ph.D.

2006 **M. S.** Clinical Psychology, Rutgers, The State University of New Jersey

Thesis: Self-assessed health as a platform for initiating health behaviors

2001 **B. S.** Psychology**,** The State University of New York, Plattsburgh

### PROFESSIONAL LICENSE

Licensed Psychologist, New York (#018374)

### EDUCATIONAL EMPLOYMENT

2014 – Present **Assistant Professor, tenure-track**, Department of Educational and Counseling Psychology, University at Albany, SUNY

2013 – 2014 **Assistant Professor, 50%, non-tenure track**, Department of Educational and Counseling Psychology, University at Albany, SUNY

2010 – Present **Research Scientist****,** War Related Illness and Injury Study Center, Department of Veterans Affairs New Jersey Health Care System

**OTHER PROFESSIONAL APPOINTMENTS**

2019 – Present **Acting Director of Research,** War Related Illness and Injury Study Center, Department of Veterans Affairs New Jersey Health Care System

2018 – Present **Director,** Fellowship Progam,War Related Illness and Injury Study Center, Department of Veterans Affairs New Jersey Health Care System

2015 – 2018 **Assistant Director,** Fellowship Program, War Related Illness and Injury Study Center, Department of Veterans Affairs New Jersey Health Care System

2011 – Present  **Site Lead,** Veterans Affairs Women’s Health Practice-Based Research, Department of Veterans Affairs New Jersey Health Care System

2013 – 2018 **Affiliated Assistant Professor** Psychiatry Department, New Jersey Medical School, Rutgers Biomedical and Health Science

2008 – 2013 **Affilitated Instructor**, Psychiatry Department, New Jersey Medical School, Rutgers Biomedical and Health Science

2008 – 2018 **Research Affiliate,** Institution of Health, Health Care Policy and Aging Research, Rutgers, The State University of New Jersey

2008 – 2010 **Postdoctoral Fellow,** War Related Illness and Injury Study Center, Department of Veterans Affairs New Jersey Health Care System

### CLINICAL POSITIONS

2007 – 2008 **Predoctoral Internship,** Temple College of Health Professions,

APA accredited

### HONORS AND AWARDS

2017 Merit Poster Award. Health Psychology (APA Division 37)

2014 Merit Presentation Award, Annual Meeting of the Society of Behavioral Medicine

2009 Academy of Behavioral Medicine Research, Research Camp, Keystone, CO

2009 Pittsburgh Mind Body Center, Summer Institute, Interventions: Reducing Risk and Promoting Adjustment to Disease, Pittsburgh, PA

### PUBLICATIONS[[1]](#footnote-1)

### *Peer-Reviewed Articles*

Breland, J., Wong, J., & **McAndrew, L.M.,**\* (2020). Are Common Sense Model constructs and

self-efficacy simultaneously correlated with self-management behaviors and health outcomes:

A systematic review. *Health Psychology Open.* [https://doi.org/10.1177/2055102919898846](https://doi.org/10.1177%2F2055102919898846)

Haibach, J.P., Hoerster, K.D., Dorflinger, L, **McAndrew, L.M.**, Cassidy, D.G., Goodrich, D.E.,

Bormann, J.E., Lowery, J., Asch, S.M., Raffa, S.D., Moin, T., Peterson, A.L., Goldstein,

M.G., Neal-Walden, T., Talcott, G.W., Hunter, C.L., & Knight, S.J.. (2020). Research

translation for military and veteran health. Research, Practice, Policy. *Translational*

*Behavioral Medicine.* <https://doi.org/10.1093/tbm/ibz195>

Brunkow, A., Cannon, M., Graff, F.S., Martin, J.L., Hausmann, L.R.M., & **McAndrew, L.M.\***

(2020). Doctor recommendations are related to patient interest and use of behavioral

treatment for chronic pain and addiction. *Journal of Pain.*

<https://doi.org/10.1016/j.jpain.2019.12.008>

Sullivan, N., Phillips, L.A., Pigeon, W.R., Quigley, K.S., Graff, F., Litke, D., Helmer, D.A.,

Rath, J.F., & **McAndrew, L.M.\*** (2019). Coping with medically unexplained physical

symptoms: The role of illness beliefs and behaviors. *International Journal of Behavioral*

*Medicine. 26.* 665-672. http://doi: 10.1007/s12529-019-09817-z.

**McAndrew, L.M.,** Slotkin, S., Kimber, J., Maestro, K., Phillips, L.A., Martin, J.L., Crede, M., &

Eklund, A. (2019). Cultural congruity of student Veterans predicts academic success.

*Journal of Counseling Psychology. 66(6).* 678-689. http://dx.doi.org/10.1037/cou0000363

**McAndrew, L.M.,** Lu, S., Phillips, A. Maestro, K., & Quigley, K.S., (2019). Mutual

maintenance of PTSD and physical symptoms for Veterans returning from deployment.

*European Journal of Psychotraumatology.* 10, 1608717.

https://doi.org/10.1080/20008198.2019.1608717

**McAndrew, L.M.,** Friedlander, M., Litke, D.A., Phillips, L.A., Kimber, J., & Helmer, D.A.

(2019). Medically unexplained physical symptoms: What they are and why counseling

psychologists should care about them. *The Counseling Psychologist. 47(5) 741 –769.*

http://doi.org/10.1177/0011000019888874

Phillips, L.A., & **McAndrew, L.M.** (2019). An empirical evaluation of Veterans’ perceived

non concordance with the provider regarding medically unexplained symptoms. *The*

*Counseling Psychologist.* *47(5) 770 –795.* https://doi.org/10.1177/0011000019890317

Friedlander, M.L., Kangos, K., Maestro, K., Muetzelfeld, H., Wright, S., Da Silva, N., Kimber,

J., Helmer, D.A., & **McAndrew, L.M.** (2019). Introducing the system for observing

medical alliances (SOMA): A tool for studying concordance in patient-physician

relationships. *The Counseling Psychologist.* 47(5) 796 –819.

https://doi.org/10.1177/0011000019891434

**McAndrew, L.M.,** Crede, M., Maestro, K., Slotkin, S., Kimber, J., & Phillips, L.A. (2019).

Using the common-sense model to understand outcomes for medically unexplained illlness: A

meta-analysis. *Health Psychology Review. 13(4).* 427-446.

https://doi.org/10.1080/1743719.2018.1521730

Anastasides, N., Chiusano, C., Gonzalez, C., Graff, F., Litke, D., McDonald, E., Presnall-

Shvorin, J., Sullivan, N., Quigley, K.S., Pigeon, W., Helmer, D.A., Santos, S.L., &

**McAndrew, L.M.\*** (2019). Helpful ways providers can communicate about medically

unexplained symptoms. *BMC Family Practice, 20,* 13.

https://doi: [10.1186/s12875-018-0881-8](https://dx.doi.org/10.1186%2Fs12875-018-0881-8)

Mohanty, A.F., **McAndrew, L.M.,** Helmer, D.A., Samore, M.H., & Gundlapalli, A.V. (2018).

Chronic multisymptom illness among Iraq/Afghanistan-deployed US Veterans and their

healthcare utilization within the Veterans Health Administration. *Journal of General Internal*

*Medicine, 33,* 1419-1422.https:**//**doi.org/10.1007/s11606-018-4479-6

**McAndrew, L.M.,** Helmer, D.A., Lu, S-E., Chandler, H.K., Slotkin, S., & Quigley, K.S. (2018).

Longitudinal relationship between onset of physical symptoms and functional impairment.

*Journal of Behavioral Medicine, 41,* 819-826*.* https://doi.org/10.1007/s10865-018-9937-4.

**McAndrew, L.M.,** Greenberg, L., Ciccione, D., Helmer, D.A., & Chandler, H. (2018).

Cognitive behavioral therapy for Veterans with chronic multisymptom illness. *Military*

*Behavioral Health,* 6, 56-65. https://doi.org/10.1080/21635781.2017.1337594

**McAndrew, L.M.,** Friedlander, M., Phillips, L.A., Santos, S., & Helmer, D.A. (2018).

Concordance of illness perceptions: The key to improving the care of medically unexplained

symptoms. *Journal of Psychosomatic Research, 111,* 140-142*.*

https://doi.org/10.1016/j.jpsychores.2018.05.015

**McAndrew, L.M.**, Martin, J.L., Friedlander, M., Shaffer, K., Breland, J., Slotkin, S., &

Leventhal, H. (2017). The common-sense of counseling psychology: Introducing the

Common-Sense Model of Self-Regulation. *Counselling Psychology Quarterly.* *31,* 497-512,

https://doi.org/10.1080/09515070.2017.1336076

**McAndrew, L.M.,** Phillips, L.A., Helmer, D.A., Maestro, K., Engel, C.C., Greenberg, L.,

Anastasides, N., & Quigley, K.S. (2017). High healthcare utilization at the onset of medically

unexplained symptoms. *Journal of Psychosomatic Research,* *98*, 98-105.

https://doi.org/10.1016/j.jpsychores.2017.05.001

Phillips, L.A., **McAndrew, L.M.,** Laman-Maharg, B., & Bloeser, K. (2017). Evaluating

challenges for improving medically unexplained symptoms in US Military Veterans via

provider communication. *Patient Education and Counseling*, *100*, 1580-1587.

https://doi.org/10.1016/j.pec.2017.03.011

Greenberg, L. M., Litke, D. R., Ray, K., Rath, J. F., Pigeon, W. R., Helmer, D. A., Anastasides,

N. & **McAndrew, L. M.** (2017). Developing a problem-solving treatment for Gulf War

Illness: Cognitive rehabilitation of Veterans with complex post-deployment health concerns.

*Clinical Social Work Journal,* *46,* 100-109. https://doi:10.1007/s10615-017-0616-7

**McAndrew, L.M.**, Held, R.F., Abbi, B., Quigley, K.S., Helmer, D.A., Pasupuleti, R. &

Chandler, H.K. (2017). Less engagement in pleasurable activities is associated with poorer

quality of life for Veterans with comorbid post-deployment conditions. *Military Psychology,*

*29,* 74-81. https://doi.org/[10.1037/mil0000139](http://psycnet.apa.org/doi/10.1037/mil0000139)

**McAndrew, L.M.,** Markowitz, S., Lu, S., Borders, A., Rothman, D., & Quigley, K.S. (2017).

Resilience during war: Better unit cohesion and reductions in avoidant coping are associated

with better mental health function after combat deployment. *Psychological Trauma: Theory,*

*Research, Practice, and Policy*, *9,* 52-61. https://[doi.org/10.1037/tra0000152](http://dx.doi.org/10.1037/tra0000152)

**McAndrew, L.M.,** Chandler, H.C., Serrador, J., Quigley, K.S., Natelson, B., & Lange, G.

(2016). Comparison of the functional health limitations of Veterans deployed to Iraq or

Afghanistan to Veterans deployed to Desert Shield/Storm with chronic fatigue syndrome.

*Military Behavioral Health,* *4*, 299-306. https://[doi.org/10.1080/21635781.2016.1175980](http://dx.doi.org/10.1080/21635781.2016.1175980)

**McAndrew, L.M.,** Helmer, D.A.,Phillips, L.A., Chandler, H., Ray, K., & Quigley, K.S. (2016).

Iraq and Afghanistan Veterans report symptoms consistent with chronic multisymptom illness

one year after deployment. *Journal of Rehabilitation Research and Development, 53*, 59-70.

https://doi.org/10.1682/JRRD.2014.10.0255

Mohanty, A.F., Helmer, D.A., Muthukutty, A., **McAndrew, L.M.**, Marjorie, E.C., Judd, J.,

Garvin, J.H., Samore, M.H., & Gundlapalli, A.V. (2016). Fibromyalgia syndrome care of

Iraq- and Afghanistan-deployed Veterans in Veterans Health Administration. *Journal of*

*Rehabilitation Research & Development, 53,* 43-58.

https://doi.org/10.1682/JRRD.2014.10.0265

Carlson K.F., O’Neil, M.E., Forsberg, C.W., **McAndrew, L.M.,** Storzbach, D., Cifu, D.X., &

Sayer, N.A. (2016). Risk of hospitalization due to motor vehicle crashes among Iraq and

Afghanistan war Veterans diagnosed with traumatic brain injury. *NeuroRehabilitation*, *39*,

351-361. https://doi.org/10.3233/NRE-161367

Mohanty, A.F., Muthukutty, A., Carter, M.E., Palmer, M.N., Judd, J., Helmer, D., **McAndrew,**

**L.M.,** Garvin, J.H., Samore, M.H., & Gundlapalli, A.V. (2015). Chronic multisymptom

illness among female Veterans deployed to Iraq and Afghnistan. *Medical Care,* *53*, S143-

S148. https://[doi.org/10:1097/MLR.0000000000000314](http://dx.doi.org/10:1097/MLR.0000000000000314)

Borders, A., Rothman, D.J., & **McAndrew, L.M.\*** (2015). Sleep problems may mediate

associations between rumination and PTSD and depressive symptoms among OIF/OEF

veterans. *Psychological Trauma: Theory, Research, Practice, and Policy,* *7*, 76-84.

https://doi.org/[10.1037/a0036937](http://psycnet.apa.org/doi/10.1037/a0036937)

**McAndrew, L. M.,** Mora, P.A., Quigley, K.S., Leventhal, E.A., & Leventhal, H. (2014). Using

the Common Sense Model of Self-Regulation to understand the relationship between

symptom reporting and trait negative affect. *International Journal of Behavioral Medicine,*

*21*, 989-994. https://[doi.org/10.1007/s12529-013-9372-4](http://dx.doi.org/10.1007/s12529-013-9372-4)

Breland, J.Y., **McAndrew, L.M.,** Burns, E., Leventhal, E.A., & Leventhal., H. (2013). Using the

Common Sense Model of Self-Regulation to review the effects of self-monitoring of blood

glucose on glycemic control for non-insulin treated adults with type 2 diabetes. *Diabetes*

*Educator, 39*, 541-59. https://[doi.org/10.1177/0145721713490079](http://dx.doi.org/10.1177/0145721713490079)

**McAndrew, L.M.,** D’Andrea, E., Lu, S-E., Abbi, B., Yan, G.W., Engel, C., & Quigley, K.S.

(2013). What pre-deployment and early post-deployment factors predict health function after

combat deployment?: A prospective longitudinal study of Operation Enduring Freedom

(OEF)/Operation Iraqi Freedom (OIF) soldiers. *Health and Quality of Life Outcomes*, *11,* 73.

https://[doi.org/10.1186/1477-7525-11-73](http://dx.doi.org/10.1186/1477-7525-11-73)

Lange, G., **McAndrew, L.,** Ashford, J.W., Reinhard, M., Peterson, M., & Helmer, D. (2013).

War Related Illness and Injury Study Center (WRIISC): A multidisciplinary translational

approach to the care of Veterans with Chronic Multi Symptom Illness. *Military Medicine,*

*178,* 705-707. https://[doi.org/10.7205/MILMED-D-13-00053](http://dx.doi.org/10.7205/MILMED-D-13-00053)

Breland, J.Y., **McAndrew, L.M.,** Gross, R.L., Leventhal, H., & Horowitz, C.R. (2013).

Challenges to healthy eating for people with diabetes in a low income, minority

neighborhood. *Diabetes Care, 36,* 2895-2901. https://[doi:10.2337/dc12-1632](http://dx.doi:10.2337/dc12-1632)

Falvo, M.J., Serrador, J.M., **McAndrew, L.M.,** Chandler, H.K., Lu, S-E., & Quigley, K.S.

(2013). A retrospective cohort study of U.S. service members returning from Afghanistan and

Iraq: Is physical health worsening over time? *BMC Public Health, 12,* 1-7.

https://[doi.org/10.1186/1471-2458-12-1124](http://dx.doi.org/10.1186/1471-2458-12-1124)

Yan, G.W., **McAndrew, L.M.,** D’Andrea, E.A., Lange, G., Santos, S.L., Engel, C.C., &

Quigley, K.S. (2013). Self-reported stressors of National Guard women Veterans before and

after deployment: The relevance of interpersonal relationships. *Journal of General Internal*

*Medicine,* *28*, S549-55. https://[doi.org/10.1007/S11606-012-2247-6](http://dx.doi.org/10.1007/S11606-012-2247-6)

Borders, A., **McAndrew, L.M.,** Quigley, K.S. & Chandler, H.K. (2012). Rumination moderates

the association between psychiatric symptoms and risky behaviors. *Journal of Traumatic*

*Stress, 25,* 583-586. https://[doi.org/10.1002/jts.21733](http://dx.doi.org/10.1002/jts.21733)

**McAndrew, L.M.,** Napolitano, M.A., Pogach, L.M., Quigley, K.S., Shantz, K.L., Vander Veur,

S.S., & Foster, G. (2012). The impact of self-monitoring of blood glucose on a behavioral

weight loss intervention for individuals with type 2 diabetes. *Diabetes Educator, 39,* 397-405.

https://[doi.org/10.1177/0145721712449434](http://dx.doi.org/10.1177/0145721712449434)

Quigley, K.S., **McAndrew, L.M.,** Almeida, L., D’Andrea, E.A., Engel, C.C., Hamtil, H., &

Ackerman, A.J., (2012). Prevalence of environmental and other military exposure concerns in

Operation Enduring Freedom and Operation Iraqi Freedom Veterans. *Journal of*

*Occupational and Environmental Medicine, 54*,659-664*.*

https://[doi.org/10.1097/JOM.0b013e3182570506](http://dx.doi.org/10.1097/JOM.0b013e3182570506)

Osinubi, O.Y., **McAndrew, L.M.,** De Candia, V., Chandler, H.K., Santos, S.L., Falca-Dodson,

M., & Teichman, R. (2012). Organizational psychosocial factors and deployment-related

exposure concerns in Afghanistan/Iraq War Veterans. *Journal of Occupational and*

*Environmental Medicine, 54*, 670-676. https://[doi.org/10.1097/JOM.0b013e318255ba57](http://dx.doi.org/10.1097/JOM.0b013e318255ba57)

**McAndrew, L.M.,** Teichman, R.F., Osinubi, O.Y., Jasien, J.V., & Quigley, K.S. (2012).

Environmental exposure and health of Operation Enduring Freedom/Operation Iraqi Freedom

Veterans.  *Journal of Occupational and Environmental Medicine, 54,* 665-669*.*

https://[doi.org/10.1097/JOM.0b013e318255ba1b](http://dx.doi.org/10.1097/JOM.0b013e318255ba1b)

Mesholam-Gately, R.I., Giuliano, A.J., Zillmer, E.A., Barakat, L.P., Kumar, A., Gur, R.C.,

**McAndrew, L.M.,** Bilker, W.B., Elderkin-Thompson, V., & Moberg, P.J. (2012). Verbal

learning and memory in older adults with minor depression. *Archives of Clinical*

*Neuropsychology, 27,* 196-207*.* https://[doi.org/10.1093/arclin/arc106](http://dx.doi.org/10.1093/arclin/arc106)

**McAndrew, L.M.,** Horowitz, C., Lancaster, K.J.,Quigley, K.S., Pogach, L.M., Mora, P.A., &

Leventhal, H. (2012). Association of self-monitoring of blood glucose and diet among

minority patients with diabetes. *Journal of Diabetes,* *3*, 147-152.

https://[doi.org/10.1111/j.1753-0407.2011.00114.x](http://dx.doi.org/10.1111/j.1753-0407.2011.00114.x)

**McAndrew, L. M.,** Horowitz, C.R., Lancaster, K.J., & Leventhal, H. (2010). Factors related to

perceived diabetes control are not related to actual glucose control for minority patients with

diabetes. *Diabetes Care, 33,* 736-738. https://[doi.org/10:2337/dc09-1229](http://dx.doi.org/10:2337/dc09-1229)

**McAndrew, L. M.,** Napolitano, M.A., Albrecht, A., Farrell, N.C., Marcus, B.H., & Whiteley,

J.A.(2009). When, why and for whom there is a relationship between physical activity and

menopause symptoms. *Maturitas, 64*,119-125.

https://[doi.org/10.1016/j.maturitas.2009.08.009](http://dx.doi.org/10.1016/j.maturitas.2009.08.009)

**McAndrew, L. M.,** Musumeci-Sbazo, T.J., Mora, P.A., Vileikyte, L., Burns, E., Halm, E.A.,

Leventhal, E.A., & Leventhal, H. (2008). Using the Common Sense Model to design

interventions for the prevention and management of chronic illness threats: From description

to process. *British Journal of Health Psychology, 13,* 195-204.

https://doi.org/10.1348/135910708x295604

**McAndrew, L.**, Schneider, S.H., Burns, E., & Leventhal, H. (2007). Does patient blood glucose

monitoring improve diabetes control: A systematic review of the literature. *Diabetes*

*Educator, 33,* 991-1010*.* https://doi.org/10.1177/0145721707309807

### *Encylopedia Chapters*

Desouky, T., **McAndrew, L.** & Mora, P.A. (2020). Health anxiety. In Gellman, M. & Turner, J.

R. (Eds),  *Encyclopedia of Behavioral Medicine, 2nd Edition*. New York: Springer.

Mora, P.A., Phillips, L.A. & **McAndrew, L.** (2020). Commonsense model of self-regulation Model. In Gellman, M. & Turner, J. R. (Eds),  *Encyclopedia of Behavioral Medicine, 2nd Edition*. New York: Springer.

Desouky, T. **McAndrew, L.** & Mora, P.A. (2013). Health anxiety. In Gellman, M. & Turner, J.

R. (Eds),  *Encyclopedia of Behavioral Medicine*. New York: Springer.

Mora, P.A. & **McAndrew, L.** (2013). Commonsense model of self-regulation Model. In Gellman, M. & Turner, J. R. (Eds),  *Encyclopedia of Behavioral Medicine*. New York: Springer.

**Dunbar[[2]](#footnote-2), L. M.**, Leventhal, E. & Leventhal, H. (2006). Self-regulation, health and behavior. In

J. Birren (Ed.), *The Encyclopedia of Gerontology, 2nd Edition.* New York: Academic Press.

***Manuscripts under Review in Peer-Reviewed Journals***

Fried, D., **McAndrew, L.M.,** Helmer, D.A., & Quigley, K.S. (under review). Physical symptoms

with greater functional limitations predict more frequent healthcare utilization in a

prospective longitudinal study of soldiers. *BMC Family Practice.*

Kimber, J., Sullivan, N., Anastasides, N., Slotkin, S., & **McAndrew, L.M.\*** (under review).

Illness beliefs of Veterans with persistent physical symptoms. *Journal of Psychosomatic*

*Research.*

WORK IN PROGRESS

***Manuscripts in Preparation***

**McAndrew, L.M.**, Quigley, K.S., Pigeon, W., Lu, S-E., Litke, D., & Helmer, D.A. (in

preparation). Randomized controlled trial of problem-solving treatment as compared to health

education for Gulf War Illness.

Pigeon, W., Quigley, K.S., Lu, S-E., Litke, D., Helmer, D.A., & **McAndrew, L.M.\*** (in

preparation). Problem-solving treatment reduces suicide risk for Veterans with Gulf War

Illness.

Brunkow, A.B., Wingrad, D., Graff, F., Interian, A., Pigeon, W., Selby, E., & **McAndrew,**

**L.M.\*** (in preparation). Preferences for treatment among patients with chronic pain and

suicide risk.

Wingrad, D., Thien, S., Sullivan, N., Quigley, K.S., Helmer, D.A., Pigeon, W., **McAndrew,**

**L.M.\*** (in preparation). Self-management practices of patients with persistent medically

unexplained symptoms.

Long, P., Kane, N., Phillips, L.A., & **McAndrew, L.M.**\* (in preparation). Communication is

better related to satisfaction than opioid prescription.

Cannon, M., **McAndrew, L.M.,** Crede, M., Kimber, J., Brunkow, A., Nelson, R., & Karpel, E.,

(in preparation). Using the Common Sense Model to Understand the Management of Mental

Health Conditions: A Meta-Analysis of Illness Representations are Important for

Management of Mental Health Conditions and their Outcomes.

Khatib, L., Sullivan, N., Winograd, D., Santos, S., & **McAndrew, L.M.,** (in preparation). Needs

assessment of providers of patients with persistent medically unexplained conditions and/or

environmental exposure concerns.

**McAndrew, L.M.,** Masheb, R., Sullivan, N., Litke, D.A., & Kane, N., (in preparation).

Feasibility and acceptability of health coaching for chronic pain.

**McAndrew, L.M.,** Brunkow, A., Crede, M., Kimber, J., Long, P., & Winograd, D., (in

preparation). Meta-analysis of behavioral treatments for chronic pain.

### TREATMENT MANUALS

Sullivan, N., Litke, D., Graff, F., Kane, N., & **McAndrew, L.M.\*** (2019). Health coaching for

chronic pain. (available from author).

Litke, D., Graff, F., Sullivan, N., Kane, N., & **McAndrew, L.M.\*** (2019). Problem-solving

treatment for chronic pain and suicide ideation. (availale from author).

Ray, K., Pasupuleti, R., Litke, D., Anastasides, N., Chiusano, C., & **McAndrew, L.M.\*** (2015).

Problem-solving therapy manual for Gulf War Illness (available from author).

GRANT FUNDING

***Federal***

**Under Review**

Role: Principal Investigator

Project: Feasibility and Acceptability of Health Coaching for Rural Patients with Chronic Pain

Source: Veteran Affairs, Clinical Science Research & Development

Time Period: 2020-2022

Funding: $250,000

**Funded (first four are selected for funding and in Just in Time)**

Role: Principal Investigator

Project: Suicide Prevention for Veterans with Chronic Pain

Source: Veteran Affairs, Clinical Science Research & Development

Time Period: 2021-2025

Funding: $1,500,000

Role: Principal Investigator

Project: Suicide Prevention for Patients with Chronic Pain

Source: National Institute of Health

Award: R56

Time Period: 2020-2022

Funding: $500,000 (direct)

Role: Principal Investigator

Project: Health Coaching for Chronic Multisymptom Illness

Source: Veterans Affairs Rehabiltiation Research & Development

Award: Merit (R01 equivelent)

Time Period: 2020-2024

Funding: $1,100,000 (direct)

Role: Principal Investigator

Project: Collaborative Specialty Care for Gulf War Illness

Source: Veterans Affairs Clinical Services Research & Development (Merit Award)

Award: Merit (R01 equivelent)

Time Period: 2019-2023

Funding: $1,998,000 (direct)

Role: Principal Investigator (co-Principal Investigator: Dr. Drew Helmer)

Project: WRIISC as a Model of Care for Chronic Multisymptom Illness I01 HX001678-01

Source: Veterans Affairs Health Services Research & Development (Merit Award)

Award: Merit (R01 equivelent)

Time Period: 2016-2020

Funding: $1,100,000 (direct)

Role: Principal Investigator

Project: Problem-Solving Therapy for Gulf War Illness I01 CX001053-03

Source: Veterans Affairs Clinical Science Research & Development

Award: Merit (R01 equivelent)

Time Period: 2014-2018

Funding: $1,500,000 & $400,000 (cost extension; direct)

Role: Principal Investigator

Project: Cognitive Rehabilitation for Gulf War Illness IK2 HX001369-01A1

Source: Veterans Affairs Health Services Research & Development

Award: Career Development Award (K-equivelent)

Time Period: 2014-2019

Funding: $950,000 (direct)

Role: Co-Investigator

Project: Integrative Physiology of Gulf War Illness: Role of Autonomic Function, Central Neural Processing and Sleep

Source: Congressionally Directed Medical Research Program/Department of Defense (GW100095 Consortium)

Time Period: 2011-2012

Funding: $200,000 (direct)

Role: Principal Investigator

Project: Mediators of a Self-Monitoring Intervention for Patients with Type 2 Diabetes

Source: Center for the Study of Health Beliefs and Behaviors NIH funded Center (Pilot)

Time Period: 2006-2008

Funding: $16,500

***University at Albany***

**Funded**

Role: Principal Investigator

Project: Health Coaching for Chronic Pain

Source: University at Albany; FRAP-A

Time Period: 2020-2021

Funding: $10,000

Role: Principal Investigator

Project: Predicting Success of Student Veterans

Source: University at Albany; FRAP-A

Time Period: 2014-2016

Funding: $10,000

**PEER REVIEWED PRESENTATIONS AT SCHOLARLY CONFERENCES**

Kimber, J., Long, P., **McAndrew, L.M.,** (2020, August). *Student Veterans’ mental health causal*

*attributions and perceived barriers to care.* Poster to be presented at the 128th Annual

Convention of the American Psychlogical Assoiation, Washington, DC.

Long, P., **McAndrew, L.M.,** Kimber, J., Brunkow, A., Cannon, M., & Winograd, D. (2020,

August). *Examining the relationship between opioid misuse and suicidality level.* Poster to be

presented at the 128th Annual Convention of the American Psychological Association,

Washington, D.C.

Cannon, M., Crede, M., Kimber, J., Brunkow, A., Nelson, R., Karpel, E., & **McAndrew, L.M.\***

(2020, August). *Beliefs about mental illness are related to self-management and outcomes: A*

*meta-analysis.* Poster to be presented at the 128th Annual Convention of the American

Psychological Association, Washington, D.C.

Winograd, D., Brunkow, A., Cannon, M., Long, P., Kimber, J., & **McAndrew, L.M.\*** (2020,

August). *Patients interest in integrating treatment for suicide prevention into treatment for*

*chronic pain.* Poster to be presented at the 128th Annual Convention of the American

Psychological Association, Washington, D.C.

Brunkow, A., Long, P., Winograd, D., Cannon, M., Kimber, J., & **McAndrew, L.M.,**\* (2020,

April). *Treatment of patients with chronic pain at risk for suicide: Room for innovative*

*approaches.* Poster to be presented at the 41st Annual Meeting & Scientifi Sessions of the

Society of Behavioral Medicine, San Francisco, CA.

Peterson, E.K., Friedlander, M.L., **McAndrew, L.M.,** Megale, A., Litke, D., Qiugley, K.S., &

Pigeon, W., (2020, June). *Introducing the alliance indicator checklist: A training tool for*

*recognizing salient client markers.* Society for Psychotherapy Research. Amherst, MA.

**McAndrew, L,M.,** Helmer, D.A., Hyde, J., Sherman, S., & Bair, M. (2019, October).

*Satisfaction and adherence to problem-solving treatment for Gulf War Illness.* Veteran

engagement panel presented at the VA HSR&D conference, Washington, DC.

Sullivan, N.S., Graff, F.A., Litke, D.R., Pigeon, W., Quigley, K., Rath, J.R., Lu, S.E., Helmer,

D.A., & **McAndrew, L.M.\*** (2020, April). *TBI and Chronic Multisymptom Illness among*

*Gulf War Veterans: A call for better identification.* Poster session presented at the 41st Annual

Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM), San

Francisco, CA.

Kane, N. S., Sullivan, N. L., Graff, F. S., Litke, D. R., Karen S. Quigley, K. S., Pigeon, W. R.,

Rath, J. R., Helmer, D. A., **McAndrew, L.M.\*** (2020, April). *Veteran beliefs about the*

*causes of Gulf War Illness and expectations for improvement.* Poster session presented at the

41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM),

San Francisco, CA. (accepted)

Sullivan, N.L., Kane, N.S., Graff, F., Litke, D.R., **McAndrew, L.M,** Santos, S., Osinubi, O.

(2019, May-June). *Whole health & functional medicine coaching for chronic pain in war*

*Veterans.* Poster session presented at the Institute for Functional Medicine (IFM) Annual

International Conference, San Antonio, TX.

Kane N.A., Anastasides N., Litke D.R., Helmer D.A., Pigeon W., Quigley K., **McAndrew**

**L.M.\*** (2019, August). *Service connection for medically unexplained and other conditions*

*for Veterans with Gulf War Illness*. Poster session presented at the Annual Meeting of

American Psychological Association, Chicago, IL.

Long, P., Kane, N., & **McAndrew, L.M.**, Kimber, J., Haussman, L., Cannon, M., Brunkow, A,

Phillips, L.A. (August 2019). *Examining the role of concordance and communication in*

*treatment of patients with chronic pain.* Poster presented at American Psychological

Association convention. Chicago, IL.

Cannon, M.E., Brunkow, A., Karpel, E., Kimber, J., Martin, J., & **McAndrew, L.M.\*** (2019,

August). *The impact of recommending addiction treatment to patients with chronic pain.*

Poster presented at the American Psychological Association convention, Chicago, IL.

Litke, D.R., Sullivan, N., Graff, F., Anastasides, N., Pigeon, W., Quigley, K. Rath, J. F, Lu, S.,

Helmer, D., & **McAndrew, L.M.**\* (2019, March). *Does effective problem-solving mediate*

*the relationship between symptoms and functioning in chronic multisymptom illness?* Poster

presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Brunkow, A., Cannon, M., Karpel, E., Kimber, J., & **McAndrew, L.M.\*** (2019, March).

*Rethinking the treatment of chronic pain: A behavioral shift.* Poster presented at the annual

meeting of the Society of Behavioral Medicine, Washington, DC.

Graff, F., Litke, D., Pigeon, W., Quigley, K., Rath, J., Lu, S.E., Helmer, D., Sullivan, N., &

**McAndrew, L.M.\*** (2019, March). *Why do Veterans with GWI delay healthcare receipt?*

Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington,

DC.

Sullivan, N., **McAndrew, L.M.,** Quigley, K., Pigeon, W., Litke, D., Graff, F., Phillips, L.A., &

Helmer, D.A. (2019, March). *Illness beliefs, behaviors, and disability: Testing a mediational*

*model of Gulf War Illness.* Poster presented at the annual meeting of the Society of

Behavioral Medicine, Washington, DC.

**McAndrew, L.M.,** Breland, J., Hoerster, K., Runnels, T., Earnest, D., Litke, D. (2019, March).

*Listening to patient and clinician voices in order to be heard: reverse translation in action.*

Panel at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Hyde, J., Bolton, R., Houston, A., Bokhour, B., Chiusano, C.B., Santos, S., Helmer, D.A., &

**McAndrew, L.M.\*** (2018, June). *“I know it’s not all in my head”: Understanding the*

*experience of healthcare for Veterans with chronic multi-symptom illness.* Poster presented at

the American Academy of Health annual research meeting, Seattle, WA.

Sullivan, N., **McAndrew, L.M.,** Quigley, K., Pigeon, W., Litke, D., Graff, F., Phillips, L.A., &

Helmer, D.A. (2018, April). *Behavioral responses to Gulf War Illness: Implications for*

*reducing disability among our veteran.* Poster presented at the annual meeting of the Society

of Behavioral Medicine, New Orleans, LA.

**McAndrew, L.M.,** Pigeon, W., Quigley, K.S., Litke, D., Lu, S., Rath, J., Chiusano, C., &

Helmer, D.A. (2018, April). *Preliminary analysis of the impact of problem-solving treatment*

*on suicidal ideation among Veterans with chronic pain.* Poster presented at the annusal

meeting of the Society for Behavioral Medicine, New Orleans, L.A.

Schoen, C., Rath, J.F., Litke, D., Pigeon, W., Quigley, K.S., & **McAndrew, L.M.\*** (2018,

February). *Problem-solving self-appraisal in Veterans with Gulf War Illness.* Poster presented

at the meeting of Rehabilitation Psychology, Division 22 of the American Psychological

Association, Dallas, TX.

**McAndrew, L.M.**, Markowitz, S., Helmer, D.A., Litke, D., Phillips, L.A., Chiusano, C., &

Quigley, K.S. (2017, August). *Physical symptoms with greater functional limitations predict*

*more frequent healthcare utilization.* Poster presented at the American Psychological

Association convention, Washington D.C.

Friedlander, M.L., Kangos, K., Muetzelfeld, H., Wright, S.T., Maestro, K.J., & **McAndrew,**

**L.M.** (2017, August). *Introducing the System for Observing Medical Alliances (SOMA).*

Poster presented at the American Psychological Association convention, Washington D.C.

Kimber, J.M., Slotkin, S.D., Maestro, K.J., & **McAndrew, L.M.\*** (2017, August). *Back to*

*school: A comparison of combat student veterans and adjustment to college.* Poster presented

at the American Psychological Assocation convention, Washington, D.C.

Kimber, J.M., Slotkin, S.D., Maestro, K.J., & **McAndrew, L.M.\*** (2017, August). *Student*

*veterans perceived life barriers to academic outcomes: the role of problem solving skills.*

Poster presented at the American Psychological Association convention, Washington, D.C.

Maestro, K.J., Slotkin, S., Kimber, J., & **McAndrew, L.M.\*** (2017, August). *The role of*

*perceived cultural congruity on academic help-seeking in Veterans*. Poster presented at the

American Psychological Association convention, Washington, D.C.

Slotkin, S.D., Kimber, J.M., Maestro, K.J., & **McAndrew, L.M.**\* (2017, August). *Examination*

*of the relationship between cultural congruity and adjustment to college in student Veterans.*

Poster presented at American Psychological Association onvention, Washington, D.C.

**McAndrew, L.M.** (2017, August). Interdisciplinary communication as a mechanism for

counseling psychology's growth in medical centers. In Bradstreet, T.C., & Parent, M.C.

(chairs), *Counseling psychologists in medical centers: Exploring mechanisms for growth*.

Innovative collaborative programming at American Psychological Association convention,

Washington, D.C.

Mohanty, A.F., **McAndrew, L.M.,** Helmer, D.A., Samore, M.H., & Gundlapalli, A. (2017, July).

*Chronic multisymptom illness among Iraq/Afghanistan-deployed Veterans and their*

*healthcare utilization.* Poster presented at the Veterans Affairs HSR&D/QUERI national

conference, Crystal City, VA.

Greenberg, L. M., Pigeon, W. R., Gonzalez, C. G., Anastasides, N., Presnall-Shvorin, J., Litke,

D. R., & **McAndrew, L.M.\*** (2017, March). *Suicidality among Veterans with Gulf War*

*Illness*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San

Diego, CA.

**McAndrew, L.M.**, Anastasides, N., Chelenza, M., Chiusano, C., Gonzalez, C., Graff, F.,

Greenberg, L., Helmer, D.A., Litke, D., Lu, S-E., McDonald, E., Petrakis, B.A., Pigeon, W.,

Presnall-Shvorin, J., Quigley, K.S., & Rath, J. (2017, March). *Life and treatment goals of*

*Veterans with Gulf War Illness.* Poster presented at the annual meeting of the Society of \

Behavioral Medicine (SBM), San Diego, CA.

Greenberg, L., **McAndrew, L.M.,** Chandler, H.K., & Quigley, K.S. (2016, March). *The*

*mediating role of somatic symptoms in the relationship between PTSD one year and five*

*years post-deployment.* Poster presented at the annual meeting of the Society of Behavioral

Medicine, Washington, DC.

Anastasides, N., **McAndrew, L.M.,** Litke, D.R., Helmer, D.A., & Quigley, K.S. (2016, March).

*Delays in seeking healthcare by veterans with and without chronic multisymptom illness*

*(CMI).* Poster presented at the annual meeting of the Society of Behavioral Medicine,

Washington, DC.

**McAndrew, L.M.,** Chandler, H.K., Greenberg, L., & Helmer, D.A. (2016, March). *Cognitive*

*behavioral therapy delivered in person to telephone to usual care for Veterans with chronic*

*multisymptom illness.* Poster presented at the annual meeting of the Society of Behavioral

Medicine, Washington, DC.

Slotkin, S.D., Maestro, K.J., Galipeau, B., & **McAndrew, L.M.\*** (2016, April). *Academic*

*outcomes of student Veterans with muscle/joint pain.* Poster presented at the annual meeting

of the Society of Behavioral Medicine, Washington, D.C.

Chiusano, C., Anastasides, A., Chelenza, M., Friedlander, M., Greenberg, L., Helmer, D., Lu., S-

E, Petraski, B.A., Pigeon, W., Quigley, K.S., Rath, J. & **McAndrew, L.M.\*** (2016, April).

*Protocol for randomized controlled trial of Problem-Solving Therapy for Gulf War*

*Illness.*Poster presented at the annual meeting of the Society of Behavioral Medicine,

Washington, D.C.

Litke, D., **McAndrew L.M.,** & Rath, J.F. (2016, February). Adapting problem-solving therapy

for veterans with gulf war illness*.* In J.F. Rath (Chair) *Problem Solving*. Symposium

conducted at the meeting of Rehabilitation Psychology, Division 22 of the American

Psychological Association, Atlanta, GA.

**McAndrew, L.M.,** Pasupuleti, R., Fobler, M., Chiusano, C., Slotkin, S., & Phillips, A. (2015,

August). *Veterans’ beliefs about their physical symptoms.* Poster presented at the American

Psychological Association convention, Toronto, ON.

**McAndrew, L.M.,** Pasupuleti, R., Chandler, H., Serrador, J., Natelson, B., Quigley, K., &

Lange, G. (2015, April). *Is history repeating?: Comparison of the functional limitations of*

*OEF/OIF Veterans to Gulf War Veterans with chronic fatigue.* Poster presented at the annual

meeting of the Society of Behavioral Medicine*,* San Antonio, TX.

Pasupuleti, R., **McAndrew, L.M.,** Anastasides, N., & Quigley, K.S. (2015, April). *Health beliefs*

*of soldiers about seeking physical health services over time.* Poster presented at the annual

meeting of the Society of Behaivoral Medicine, San Antonio, TX.

**McAndrew, L.M.,** Maestro, K.J., & Slotkin, S. (2015, April). *The role of mental health*

*treatment beliefs in veterans’ use of self-help sources.* Poster presented at the annual meeting

of the Society for Behavioral Medicine, San Antonio, TX.

Phillips, L.A., **McAndrew, L.M.\*** (2015, April). *The challenge and potential for improving*

*medically unexplained symptoms via provider communication.* Paper presented at the annual

meeting of the Society for Behavioral Medicine, San Antonio, TX.

**McAndrew, L.M.,** Slotkin, S., & Maestro, K. (2015, April). *The relationship between familial*

*support and mental health care seeking in veterans.* Poster presented at the annual meeting of

the Society for Behavioral Medicine, San Antonio, TX.

**McAndrew, L.M.,** Chandler, H.K., Serrador, J.M., Quigley, K.S., Natelson, B., & Lange, G.

(2015, April). *Is history repeating itself? A comparison of veterans with Chronic Fatigue*

*Syndrome from the Gulf War to veterans with Chronic Fatigue Syndrome from the Iraq or*

*Afghanistan conflicts.* Poster presented at the annual meeting of the Society for Behavioral

Medicine, San Antonio, TX.

Phillips, L.A., Laman-Maharg, B., & **McAndrew, L.M.\*** (2014, April). *Evaluating veterans’*

*illness cognitions to improve care of medically unexplained symptoms.* Paper presented at the

annual meeting of the Society for Behavioral Medicine, Philadelphia, PA.

Phillips, L.A., Laman-Maharg, B., & **McAndrew, L.M.\*** (2014, April). *Military Veterans’*

*perceptions of disagreement with their provider regarding their medically unexplained*

*symptoms are associated with lower satisfaction and intentions to adhere to treatment and*

*poorer health-outcome expectations.* Paper presented at the meeting of the International

Society for Pharmacoeconomics and Outcomes Research, Montreal, QC.

Gulin, S.L., Rothman, D.J., Vrana, S.R., **McAndrew, L.M.**, & Quigley, K.S. (2014, August).

*Unit cohesion and PTSD symptoms and male and female reservist service members.* Poster

presented at the annual meeting of the American Psychological Association Convention,

Washington, DC.

Rothman, D.J., Gulin, S.L., Vrana, S., **McAndrew, L.M.,** & Quigley, K.S. (2014, August). *Pre-*

*deployment systolic blood pressure reactivity predicts PTSD symptoms post-deployment.*

Poster presented at the annual meeting of the American Psychological Association

Convention, Washington, DC.

Maestro, K., Bradshaw, M., Wade, N., Vogel, D., & **McAndrew, L.M.\*** (2014, August) *Where*

*do Veterans seek help for health concerns?* Poster presented at the American Psychological

Association convention, Washington, DC.

Rath, J. F., Lange, G., Lu, S., Pigeon, W., Quigley, K., Santos, S., & **McAndrew, L.\*** (2014,

March). *Problem-solving cognitive rehabilitation for Veterans with Gulf War Illness.* Poster

presented at the Rehabilitation Psychology, Division 22 of the American Psychological

Association, San Antonio, TX.

**McAndrew, L.M.,** Friedlander, M., Adams, E., Alamonte, J., Cabrera, P., Chwalisz, K.,

Juntunen, C., Lewis, B., Martin, J.L., Pieterse, A., Raque-Bogdan, T., & Sheu, H-B (2014,

March). *Social justice: At the intersection of counseling psychology and health psychology.*

Roundtable presented at the Counseling Psychology Conference, Atlanta, GA.

**McAndrew, L.M.**, Schmiege, S.J., & Quigley, K.S. (2014, April). *Physical symptoms can*

*precede PTSD symptoms in a longitudinal prospective study of soldiers deployed to Iraq and*

*Afghanistan.* Paper presented at the annual meeting of the Society of Behavioral Medicine,

Philadelphia, PA.

Reyes, L., **McAndrew, L.**, Ray, K., Blatt, M., Ghobreal, B., Acosta, A., & Serrador, J. (2014,

April). *Behavioral activation treatment increases parasympathetic activation in veterans.*

Poster presented at the annual meeting of Experimental Biology, San Diego, CA.

Chandler, H.K., Haber, Y.O., **McAndrew, L.M.**, & Serrador, J.M. (2013, November). *An*

*exploration of the impact of vestibular problems on functioning in Veterans with PTSD.*

Poster presented at the annual meeting of the International Society for Traumatic Stress

Studies, Philadelphia, PA.

Chandler, H.K., **McAndrew, L.M.,** & Ciccone, D.S. (2013, March). *Telemedicine treatment for*

*Veterans with Gulf War Illness.* Poster presented at the annual meeting of the American

Psychosomatic Society 71st annual scientific meeting, Miami, FL.

**McAndrew, L.M.,** Phillips, L.A., Helmer, D., Kline, A., Interian, A. & Chandler, H. (2013,

March). *Life goals of combat Veterans.* Poster presented at the annual meeting of the Society

of Behavioral Medicine, San Fransico, CA.

Vrana, S.R., **McAndrew, L.M.,** Gulin, S.L, & Quigley, K.S. (2012, September). *A role for*

*negative emotionality, but not repressive coping in PTSD symptoms in Veterans of Operation*

*Enduring Freedom and Operation Iraqi Freedom.* Poster presented at the Society for

Psychophysiological Research, New Orleans, LA.

Capoccia, K.L., **McAndrew, L.M.,** Odegard, P., Letassy, N. (2012, August). *From Literature to*

*Practice: Updates on Medication Taking and Monitoring.* Paper presented at the American

Association of Diabetes Educators Conference, Indianapolis, IN.

**McAndrew, L.M.,** D’Andrea, E., Engel, C., Yen, C., Batorsky, B., Ackerman, A. & Quigley,

K.S. (2012, July). *Prospective longitudinal study of health care utilization among OEF/OIF*

*service members with PTSD and chronic multisymptom illness.* Poster presented at the

Veterans Affairs HSR&D conference, Washington, DC.

**McAndrew, L.M.,** Chandler, H., Lange, G., & Quigley, K.S. (2012, July). *Chronic*

*multisymptom illness: An unrecognized public health concern among OEF/OIF Veterans.*

Poster presented at the Veterans Affairs HSR&D conference, Washington, DC.

**McAndrew, L.M.,** Abbi, B., Almeida, L., Chandler, H., Held, R.F., Yochum, C., & Quigley,

K.S., (2012, April). *Lack of positively reinforcing behaviors underlies reintegration*

*difficulties for OEF/OIF Veterans.* Poster presented at the annual meeting of the Society of

Behavioral Medicine, New Orleans, LA.

Rothman, D., Borders, C.A., Almeida, L., Abbi, B., & **McAndrew, L.M.\*** (2012, March).

*Rumination is associated with increased risky behavior in Veterans.* Poster presented at the

Eastern Psychological Association Conference, Pittsburgh, PA.

**McAndrew, L.M.,** Rusiewicz, A., Teichman, R., Osinubi, O., Jasien, J., Chandler, H., &

Quigley, K. (2011, April). *Environmental exposure concerns among OEF/OIF Veterans.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Chandler, H., Rusiewicz, A., **McAndrew,L.M.,** & Lange, G. (2011, April). *Fibromyalgia and*

*Chronic Fatigue Syndrome in Veterans.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

**McAndrew, L.M.,** D’Andrea, E.A., Engel, C.C., Batorsky, B., Yen, C., & Quigley, K.S. (2010,

July). *Gender differences in psychological and deployment factors immediately after*

*OEF/OIF deployment.* Poster presented at HSR&D national meeting: Building the Evidence

Base To Improve Healthcare Outcomes for Women Veterans, Washington, DC.

**McAndrew, L.M.,** D’Andrea, E.A., Ackerman, A., Chandler, H., Batorsky, B., Yen, C. Engel,

C.C., & Quigley, K. S. (2010, April*). Impact of combat deployment on weight*. Poster

presented at annual meeting of the Society of Behavioral Medicine, Seattle, WA.

**McAndrew, L.M.,** Napolitano, M., Albrecht, A., Farrell, N., Marcus, B., & Farrell, N.,(2009,

April). E*xamining the relationship between physical activity and menopause symptom*

*reporting.* Poster presented at the annual meeting of the Society of Behavioral Medicine,

Montreal, QC.

**Dunbar, L.M.,** Phillips, L. A., Mora, P., & Leventhal, H. (2007, May). *Moderators of symptoms*

*in response to life stress*. Poster presented at the annual meeting of the American

Psychological Society, Washington, D.C.

**Dunbar, L.M.,** Horowitz, C., Lancaster, K., Goldfinger, J. Z., & Leventhal, H. (2007, March).

*Factors which predict perceived diabetes control do not predict actual HbA1c among*

*minority patients with diabetes.* Poster presented at the annual meeting of the Society of

Behavioral Medicine, Washington, D.C.

Goldfinger, J. Z., Arniella, G., **Dunbar, L.M.,** & Horowitz, C. R. (2006, May). *Vida SANA:*

*salud, actividad, y nutrición para adultos project HEAL: Healthy eating, active lifestyles*

*development of a peer nutrition and physical activity education course for adults in East*

*Harlem.* Poster presented at Mt. Sinai Research Day, New York, NY.

**Dunbar, L.M.,** Mora, P., Shafer, C., & Leventhal, H. (2005, Nov). *Does health anxiety limit*

*functioning in the elderly?* Poster presented at the annual meeting of The Gerontological

Society of America, Orlando, FL.

Mesholam, R. I., Moberg, P. J., Barakat, L. P., Kumar, A., Gur, R. C., **Dunbar, L.M.,** Elderkin-

Thompson, V., & Zillmer, E. A. (2002, April). *Elucidating elderly minor depression through*

*verbal learning and memory profiles.* Poster presented at the annual meeting of the Harvard

Psychiatry Research Day, Boston, MA.

Mesholam, R. I., Wojcik, J., Harrison, M., **Dunbar, L.M.,** Caplan, B., Zimmet, S. V., Patel, J.,

Canuso, C. M., Rodriguez, M., Macaulay, E., Richards, C., Dawson, R., Schildkraut, J. J., &

Green, A. I. (2003, March). *Clinical response to treatment In first episode schizophrenia:*

*Clozapine versus haloperidol*. Poster presented at the annual meeting of the Harvard

Psychiatry Research Day, Boston, MA.

### INVITED PRESENTATIONS

**McAndrew, L.M.,** (2020, January). Patient-centered care for Persistent Physical Symptoms.

University at New Mexico, NM.

**McAndrew, L.M.,** (2019, October). *Healthcare for Gulf War Veterans.* Research Advisory

Committee on Gulf War Illnesses, San Franciso, CA.

**McAndrew, L.M.** (2018, November). *Veteran-centered care for Chronic Multisymptom Illness.*

National HSR&D CDA Webinar, Veterans Affairs.

Santos, S. & **McAndrew, L.M.** (2017, March). *Communicating with Veterans on deployment-*

*related exposure issues.* National Webinar, Veterans Affairs.

Helmer, D.A. & **McAndrew, L.M.** (2017, March). *Treating Chronic Multisymptom Illness in*

*primary care.* National Webinar, Veterans Affairs.

**McAndrew, L.M.** (2017, May). *Patient centered care for Chronic Multisymptom Illness*.

Veterans Affairs New Jersey Healthcare System.

Litke, D. & **McAndrew, L.M.** (2016, August). *Problem-solving therapy for Veterans with*

*cognitive dysfunction.* National Webinar, Veterans Affairs.

**McAndrew, L.M.**, (2016, May). *Patient centered care for Chronic Multisymptom Illness.*

Veterans Affairs New Jersey Health Care System.

Helmer, D.A., & **McAndrew, L.M.** (2014, December). *Evidence-based management and*

*treatment for Veterans with chronic multisymptom illness.* National Webinar. Veterans

Affairs.

**McAndrew, L.M.**, & Barbee, N. (2013, February). *Chronic Multisymptom Illness and*

*OEF/OIF/OND Veterans.* National webinar to VA clinicians (provided CEU credits).

**McAndrew, L.M.** (2012, August). *Chronic Multisymptom Illness in Returning Veteran: An*

*Unrecognized Public Health Concern.* Grand Rounds at the MIRREC VA Philadelphia, PA

**OTHER PRESENTATIONS (local)**

**McAndrew, L.M.,** (2014, November). *Treating patients with medically unexplained symptoms.*

University at Albany.

**McAndrew, L.M.,** (2013, March). *Patient centered interventions for Veterans.* Veterans Affairs

New Jersey Healthcare System.

**McAndrew, L.M.,** (2013, February). *Developing patient centered counseling interventions for*

*Veterans.* University at Albany.

**McAndrew, L.M.** (2012, April). *What do we know about returning Veterans?* Presented to

clinicians at the VA NJHCS, East Orange, NJ

**McAndrew, L.M.** (2011, March). *Is history repeating: Examination of chronic multisymptom*

*Illness among OEF/OIF Veterans.* Grand Rounds at the WRIISC, VA NJHCS East Orange,

NJ.

**McAndrew, L.M.** (2008, June). *Using the Common-Sense Model of Self-Regulation to*

*understand patient’s perceptions of self-management.* Presented at the WRIISC VANJHCS,

East Orange, NJ.

**Dunbar, L.M.** (2007, September*). Patients’ perceptions of type 2 diabetes: from description to*

*intervention*. Presented to the Center of Obesity Research and Education at Temple

University, Philadelphia, PA.

**Dunbar, L.M.** (2006, November) *Mediators and moderators of a self-monitoring intervention*

*for patients with type 2 diabetes.* Presented at the Rutgers University, Psychology

Department, Piscataway, NJ.

**Dunbar, L.M.** (2005, November). *Health anxiety in the elderly*. Presented at Rutgers University,

Psychology Department, Piscataway, NJ.

### TEACHING

### Graduate Courses Taught, University at Albany

### Doctoral Courses

CPY 724 Regression Analysis for Counseling Research (S14, S15, S16, S17)

ESPY 673 Social Psychology Foundations in Professional Psychology (F14)

CPY 760 Seminar in Social Psychology: From Basic Theory to Health-Related Applications (F16, S18, S19, S20)

**Masters Courses**

CPY 601 Introduction to Counseling Theory and Practice (F13)

CPY 650 Prevention Counseling: School and Community Based Wellness Promotion (F18)

**Undergraduate Course Supervised, University at Albany**

ECPY 421 Introduction to Counseling Psychology Course (2019)

**Undergraduate Course, Rutgers the State University of New Jersey**

Health Psychology (Summer 05, Summer 06)

**Other Teaching Experience, Rutgers the State University of New Jersey**

Mind Brain Behavior (Co-Instructor, S10, S11, S12, S13, S15)

Sexuality, Self and Society (Course Facilitator, W05)

Introduction to Psychology (Teaching Assistant, S04)

Cognition Lab (Teaching Assistant, S03)

**Doctoral Dissertation Committees Chaired, University at Albany**

Kieran Maestro (proposal approved). *Does common-sense communication and interpersonal*

*treatment predict oral health self-care?* **Chair**

Sarah Slotkin (proposal approved). *The contribution of therapist-client discussion of illness*

*beliefs to working alliance and commitment to therapy.* **Chair**

Austin Eklund (2020). *Traditional Latinx gender role norms and exposure to*

*sexual health programming for Latinx men who have sex with men.* **Chair**

Justin Kimber (proposal approved). *Meta-analysis of treatment for medically unexplained*

*symptoms.* **Chair**

**Doctoral Dissertation Committee Member, University at Albany**

Megan Cusick Brix (2017) *Help-seeking attitudes of black college students: The effects of racism*

*cultural mistrust and campus racial climate.*

Patricia Cabrera (2017) *Do differentiation of self and dispositional optimism moderate the*

*relation of perceived PTSD symptoms to military partners’ romantic relationship satisfaction?*

Kristin McLaughlin (2017) *Sexism makes me sick: An examination of potential mediators in the*

*link between sexism and women’s mental health.*

Laura Kortz (2017) *Understanding the working alliance and alliance ruptures in online*

*psychotherapy from the therapist’s perspective.*

Tanya Khan (2016) *Determinants of veterans’ help seeking intentions: An application of the*

*Theory of Planned Behavior.*

**Graduate Student – Mentor, University at Albany**

Darren Winograd 2019-Present

Alye Brunkow 2018-Present

Austin Eklund 2017-Present

Justin Kimber 2016-Present

Keiran Maestro 2015-Present

Sarah Slotkin 2014-Present

**Post-Doctoral – Mentor, Veterans Affairs New Jersey Healthcare System**

Linda Khatib, Ph.D. 2019-Present

Scott Thien, Ph.D. 2019-Present

Naomi Kane, Ph.D. 2018-Present

Samantha Varon, Ph.D. 2018-Present

Nicole Sullivan, Ph.D. 2017-Present

Jennifer Presnall-Shvorin, Ph.D. 2016-2018

Lauren Greenberg, Ph.D. 2015-2017

Rahdika Pasupuleti, Ph.D. 2014-2015

Camille Sinclair, Ph.D. 2013

Grace Yan, Ph.D. 2012

**SERVICE**

***University at Albany, Department of Educational and Counseling Psychology, Division of Counseling Psychology***

**Member,** Doctoral Qualifying Examination Evaluation Committee 2018

**Member,** Division Accomplishments Committee 2018

**Member,** Course Evaluation Committee 2017

**Member,** Teaching Evaluation for Promotion Committee 2017

**Member,** Division Course Requirements Evaluation Committee 2016

**Member,** Academic Standards Grievance Committee (Intermittent) 2016-Present

**Chair,** Colloquium Series 2014-2016

**Member,** Research Doctoral Qualifying Exam Committee, 2013-Present

**Member,** Doctoral and Masters Admissions Committees, 2013-Present

***University at Albany***

**Member,** Council on Research – University at Albany Senate 2018-Present

***Veterans Affairs, New Jersey Healthcare System***

**Member,** Research and Development Committee 2011-2012; 2017-2018

**Alternate,** Research and Development Committee 2012-2014; 2016-20

***Professional Service***

**Federal Grant Review**

Ad-hoc Member, VA RRD4 Grant Review Panel 2018

Member, VA RRD4 Grant Review Panel 2019-2022

Ad-hoc Member, VA Gulf War Special Panel (Grant) 2017

Ad-hoc Member, VA QUERI Rapid Response Proposals 2014

**Editorial Board**

*Psychological Services* – 2019 - Present

*The Counseling Psychologist,* 2017 – 2020

**Ad Hoc Reviewer**

*Diabetes Care*

*Diabetic Medicine*

*Annals of Behavioral Medicine*

*Journal of Physical Activity and Health*

*Maturitas*

*International Journal of Women’s Health*

*Translational Behavioral Medicine*

*Journal of Diabetes*

*Journal of Sexual Health*

*Women’s Health Quarterly*

*Journal of Pyschosomatic Research*

*Psychological Trauma: Theory, Research, Practice & Policy*

*Psychosomatic Medicine*

**Conference Reviewer,**

Division 17, American Psychological Association 2017-Present

Society of Behavioral Medicine 2014-Present

**Member at Large,** Counseling Health Psychology Div 17 2019-Present

**Communications Chair**, Military Veterans Health Special Interest Group,

Society of Behavioral Medicine 2016-Present

**Chair,** National Gulf War Research Strategic Plan Clinical Writing Section 2016

**Member,** Revising VA/DoD Clinical Practice Guidelines for 2020-Present

Chronic Multisymptom Illness

1. underlined authors are students/mentees; \*indicates McAndrew is the senior author. In medical journals, the senior author is typically the director of the lab in which the work was designed and conducted and is the PI for the grant funding the project. The contribution made for each publication are outlined in the document entitled “Description of Contributions for Co-Authored Papers.” [↑](#footnote-ref-1)
2. Former name [↑](#footnote-ref-2)